

## B.A.R.C. Academy Professional Staff



### ***Eric M. Striesfeld, Owner***

Eric brings a background in junior development from the greater Houston area where he served as Director of Tennis for over 7 years, building the dynamic junior program to over 250 students each season. Eric has served as a NCAA Division I Assistant Tennis Coach at Sam Houston State University, has been selected as a USTA Zonals National Team Coach (2007 & 2011), and has guided the Emery High Boys

Tennis team to 5 consecutive TAPPS State Team Championships (2005-2009). Eric's drive for perfection motivates and helps mold academy participants into successful tennis stars.

### ***Jason Kedzierski, Head Professional***

Jason grew up on the west coast, splitting his time between Reno, NV and Portland, OR. After becoming a USPTA certified professional at the age of 23, Jason went on to build Nevada's largest junior tennis program, which produced over 50 individual State & Sectional titles (in both singles and doubles). His students went on to play tennis at universities such as: Yale, Villanova, Purdue, Stanford, University of Nevada – Reno, Boise State, UCLA, Sacramento State, and Illinois. In addition, Jason served as a hitting partner for WTA touring pro and 2002 NCAA National Doubles Champion, Gabriela Lastra (Stanford). Jason wants to share his passion for the game!

17901 Kings Park Lane • Houston, TX 77058  
281-488-7026

[www.bayarearacquetclub.com](http://www.bayarearacquetclub.com)



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**Bay Area Racquet Club  
Junior Tennis  
Academy  
2012**



The B.A.R.C. Junior Tennis Academy represents determination, values, and principles. We value children learning concentration and focus through playing the lifetime sport of tennis.

Owner: Eric M. Striesfeld  
Head Pro: Jason Kedzierski

Contact Bay Area Racquet Club to reserve your spot today 281-488-7026 or e-mail bayarearacquetclub@yahoo.com

### TINY STARS

#### AGES 3 - 5

Live ball based instruction with mini-nets and low compression balls. Designed to introduce proper stroke mechanics and technique. Tennis games and activities are incorporated into drills to sharpen skills.

Wednesday 4:45p.m. - 5:30 p.m.  
Friday 4:45p.m.—5:30p.m.

### FUTURE STARS I

#### AGES 6 - 8

Live ball based instruction with mini-nets and low compression balls. Designed to introduce and reinforce proper stroke mechanics, technique, and footwork. Learning rules and boundaries for competition will be a focus with this program.

Saturday 11:00a.m.—Noon  
Tuesday 4:30p.m.—5:30p.m.  
Wednesday 5:30p.m. - 6:30 p.m.  
Friday 5:30p.m.—6:30p.m.

### FUTURE STARS II

#### AGES 9—10

Live ball based instruction with mini-nets and low compression balls. Designed to introduce and reinforce proper stroke mechanics, technique, and footwork. Learning to compete and play matches is a large component of this program.

Saturday 11:00 a.m.-12:00 p.m.  
Tuesday 4:30p.m. —5:30 p.m.  
Wednesday 5:30p.m. - 6:30 p.m.  
Friday 5:30p.m.—6:30p.m.

### QUALIFIERS I AND II

#### BEGINNER/INTERMEDIATE

#### AGES 11 - 14

Designed for middle school aged students that have basic tennis skills with a desire to improve, that have yet to commit to tournament play. Proper stroke mechanics, point playing, and match play are taught to participants. This class will build a student's interest with the hopes that the student will want to begin tournament play.

Tuesday 5:30p.m. - 7:00 p.m.  
Thursday 5:30p.m.—7:00 p.m.  
Saturday 2:30p.m.- 4:00 p.m.



### ZAT TOURNAMENT

#### BY DIRECTOR PERMISSION

Designed for tournament players that are currently competing in ZAT tournaments. The main emphasis will be match play strategies through solid fundamentals on the court. Participants will be educated on proper fitness training as well as focus on mental toughness both on and off the court.

This program will offer monthly options to include private lesson training options in conjunction with the group training— the ideal environment for any up and coming tournament player!

Monday 4:30—7:00 p.m.  
Tuesday 4:30 - 7:00 p.m.  
Wednesday 4:30—7:00 p.m.  
Thursday 4:30 - 7:00 p.m.  
Friday 4:30 - 7:00 p.m.

### HIGH PERFORMANCE (HP)

#### TOURNAMENT

#### BY DIRECTOR PERMISSION

Designed for tournament players that are a Champ or Super Champ Qualified player. The main emphasis will be match specific strategies through solid fundamentals on the court. Live ball based training is the core training regimen.

Participants will be educated on proper fitness training as well as focus on mental toughness both on and off the court.

This program will offer monthly options to include private lesson training options in conjunction with the group training— the ideal environment for any high level player!

Monday 4:30—7:00p.m.  
Tuesday 4:30—7:00p.m.  
Wednesday 4:30—7:00p.m.  
Thursday 4:30—7:00p.m.  
Friday 4:30—7:00p.m.

